

Portioned dinner menu week 1, 2 & 3

Gjelder for: Servicedivisjon/Mat- og ernæringsavdeling/Mat- og ernæringsavdeling - felles

Dokumenttype: Avdelingens dokumentasjon

Sist endret: 25.03.2026

Portioned dinner menu – Preståsen, geriatrics, C5

Week 1

(Week no. 2026: 12, 15, 18, 21, 24, 27, 30, 33, 36, 39, 42, 45, 48, 51)

MONDAY	Salmon in mustard sauce, mixed vegetables and potatoes <i>Contains: Fish, milk, mustard sulphite</i>
TUESDAY	Beef patties, cream gravy, stewed cabbage and potatoes <i>Contains: Soya, milk</i>
WEDNESDAY	Fish gratin, dairy butter, mixed vegetables and potatoes <i>Contains: Egg, fish, milk</i>
THURSDAY	Brown stew with beef <i>Contains: Celeriac</i>
FRIDAY	Beef casserole, mixed vegetables and potatoes / rice <i>Contains: Soya</i>

SATURDAY	Bali chicken casserole, mixed vegetables and potatoes / rice <i>Contains: Soya</i>
SUNDAY	Smoked pork loin, brown gravy, mashed root vegetables and potatoes <i>Contains: Soya, milk</i>

Allergens in parenthesis and italics

Changes may occur

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Week 2

(Week no. 2026: 13, 16, 19, 22, 25, 28, 31, 34, 37, 40, 43, 46, 49, 52)

MONDAY	Creolean fish casserole, mixed vegetables and potatoes / rice <i>Contains: Fish, soya, milk</i>
TUESDAY	Meat cakes, brown gravy, stewed cabbage and potatoes <i>Contains: Soya, milk</i>
WEDNESDAY	Fish cakes, dairy butter, stewed carrots and potatoes <i>Contains: Fish, milk</i>
THURSDAY	Turkey meatballs, curry sauce, mixed vegetables and rice <i>Contains: Milk</i>
FRIDAY	Stew with salted lamb <i>Contains: Celeriac</i>
SATURDAY	Ham & broccoli gratin, dairy butter, mixed vegetables and potatoes <i>Contains: Egg, milk</i>
SUNDAY	Pork roast, brown gravy, sweet & sour cabbage and potatoes <i>Contains: Soya, milk</i>

Allergens in parenthesis and italics

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Week 3

(Week no. 2026: 14, 17, 20, 23, 26, 29, 32, 35, 38, 41, 44, 47, 50, 53)

MONDAY	Chicken breast, cream gravy, mixed vegetables and potatoes / rice <i>Contains: Soya, milk</i>
TUESDAY	Steamed salmon, dill- and lemon sauce, mixed vegetables and potatoes <i>Contains: Fish</i>
WEDNESDAY	Oriental pork casserole, mixed vegetables and potatoes
THURSDAY	Smoked sausage, brown gravy, stewed cabbage and potatoes <i>Contains: Soya, milk</i>
FRIDAY	Beef Stroganoff, mixed vegetables and potatoes / rice
SATURDAY	Stew with salted pork <i>Contains: Celeriac</i>
SUNDAY	Cauliflower gratin with bacon, dairy butter, mixed vegetables and potatoes <i>Contains: Egg, milk</i>

Allergens in parenthesis and italics

Changes may occur