

## Tønsberg E1 English menu

Gjelder for: Servicedivisjon/Forsyningsavdeling/Forsyningsavdeling - felles

Dokumenttype: Avdelingens dokumentasjon

Sist endret: 16.04.2024

### Standard- and easily digestible diet **MENU 1** (Week no. 2024: 17, 20, 23, 26, 29, 32, 35, 38, 41, 44, 47, 50)

<b>MONDAY</b>	<b>Fish gratin</b> (contains: egg, fish, soya, milk), <b>carrots, dairy butter</b> (contains: milk), <b>potatoes</b>
<b>TUESDAY</b>	<b>Brown stew w/ beef</b> (contains: celeriac)
<b>WEDNESDAY</b>	<b>Turkey meatballs</b> (contains: milk), <b>cream gravy</b> (contains: soya, milk), <b>vegetables, potatoes</b>
<b>THURSDAY</b>	<b>Meat cakes</b> (contains: milk), <b>brown gravy</b> (contains: soya, milk), <b>stewed cabbage</b> , (contains: soya, milk), <b>potatoes</b>
<b>FRIDAY</b>	<b>Taco buffet – ground beef, tortilla</b> (contains: wheat), <b>taco sauce, sour cream</b> (contains: milk), <b>salad leaves</b> <b>Geriatric: Fish cakes</b> (contains: fish, milk), <b>stewed carrots</b> (contains: soya, milk), <b>potatoes</b>
<b>SATURDAY</b>	<b>Homemade pizza</b> (contains: wheat, milk, soya) <b>Geriatric: Brown stew w/ beef</b> (contains: celeriac)

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<b>SUNDAY</b>	<b>Steamed salmon</b> ( <i>contains: fish</i> ), <b>dill- and lemon sauce, carrots, potatoes</b>
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*Allergens in parenthesis and italics*

Changes may occur

**Standard- and easily digestible diet MENU 2** (Week no. 2024: 18, 21, 24, 27, 30, 33, 36, 39, 42, 45, 48, 51)

<b>MONDAY</b>	<b>Pasta</b> ( <i>contains: wheat</i> ), <b>pasta sauce</b> ( <i>contains: celeriac, soya</i> ), <b>vegetables</b> <b>Geriatric: Meat cakes</b> ( <i>contains: milk</i> ), <b>brown gravy</b> ( <i>contains: soya, milk</i> ), <b>stewed cabbage</b> , ( <i>contains: soya, milk</i> ), <b>potatoes</b>
<b>TUESDAY</b>	<b>Beef patties</b> ( <i>contains: milk</i> ), <b>brown gravy</b> ( <i>contains: soya, milk</i> ), <b>stewed cabbage</b> , ( <i>contains: soya, milk</i> ), <b>potatoes</b>
<b>WEDNESDAY</b>	<b>Turkey meatballs</b> ( <i>contains: milk</i> ), <b>cream gravy</b> ( <i>contains: soya, milk</i> ), <b>vegetables, potatoes</b>
<b>THURSDAY</b>	<b>Ham and broccoli gratin</b> ( <i>contains: egg, soya, milk</i> ), <b>vegetables, dairy butter</b> ( <i>contains: milk</i> ), <b>potatoes</b>
<b>FRIDAY</b>	<b>Taco buffet – ground beef, tortilla</b> ( <i>contains: wheat</i> ), <b>taco sauce, sour cream</b> ( <i>contains: milk</i> ), <b>salad leaves</b> <b>Geriatric: Chicken fricassee</b> ( <i>contains: soya, milk</i> ), <b>vegetables, potatoes</b>
<b>SATURDAY</b>	<b>Homemade pizza</b> ( <i>contains: wheat, milk, soya</i> ) <b>Geriatric: Stew w/ salted pork</b> ( <i>contains: celeriac</i> )
<b>SUNDAY</b>	<b>Chicken fillet, cream gravy</b> ( <i>contains: soya, milk</i> ), <b>vegetables, potatoes</b> <b>Geriatric: Cod</b> ( <i>contains: fish</i> ), <b>white sauce</b> ( <i>contains: fish, soya, milk</i> ), <b>vegetables, potatoes</b>

*Allergens in parenthesis and italics*

Dinner offer in green letters is vegetarian

Changes may occur

**Standard- and easily digestible diet MENU 3** (Week no. 2024: 16, 19, 22, 25, 28, 31, 34, 37, 40, 43, 46, 49, 52)

<b>MONDAY</b>	<b>Catfish cakes</b> ( <i>contains: fish, milk</i> ), <b>stewed carrots</b> ( <i>contains: soya, milk</i> ), <b>dairy butter</b> ( <i>contains: milk</i> ), <b>potatoes</b>
<b>TUESDAY</b>	<b>Beef Stroganoff</b> ( <i>contains: soya, milk</i> ), <b>vegetables, rice / potatoes</b>
<b>WEDNESDAY</b>	<b>Pasta</b> ( <i>contains: wheat</i> ), <b>pasta sauce</b> ( <i>contains: celeriac, soya</i> ), <b>vegetables</b> <b>Geriatric: Fish pudding</b> ( <i>contains: fish, milk</i> ), <b>white sauce</b> ( <i>contains: fish, soya, milk</i> ), <b>vegetables, potatoes</b>
<b>THURSDAY</b>	<b>Steamed salmon</b> ( <i>contains: fish</i> ), <b>dill- and lemon sauce, carrots, potatoes</b>
<b>FRIDAY</b>	<b>Taco buffet – ground beef, tortilla</b> ( <i>contains: wheat</i> ), <b>taco sauce, sour cream</b> ( <i>contains: milk</i> ), <b>salad leaves</b> <b>Geriatric: Beef casserole w/ beans</b> ( <i>contains: soya, milk</i> ), <b>vegetables, potatoes</b>
<b>SATURDAY</b>	<b>Homemade pizza</b> ( <i>contains: wheat, milk, soya</i> ) <b>Geriatric: Stew w/ salted lamb</b> ( <i>contains: soya, celeriac</i> )
<b>SUNDAY</b>	<b>Beef patties</b> ( <i>contains: milk</i> ), <b>brown gravy</b> ( <i>contains: soya, milk</i> ), <b>stewed cabbage</b> , ( <i>contains: soya, milk</i> ), <b>potatoes</b>

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